



AUSPICIUM
www.auspiciuM.co.uk

Course:

Action 4 Life The Portugal Experience



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AuspiciuM - Latin auspiciuM, bird divination, auspices, from auspex , auspic-, bird augur; see awi- in Indo-European roots is a type of omen

Modern application of the term **AuspiciuM**

In the vocational education sector, auspicing is where a registered training organisation enters a partnership arrangement with another organisation that

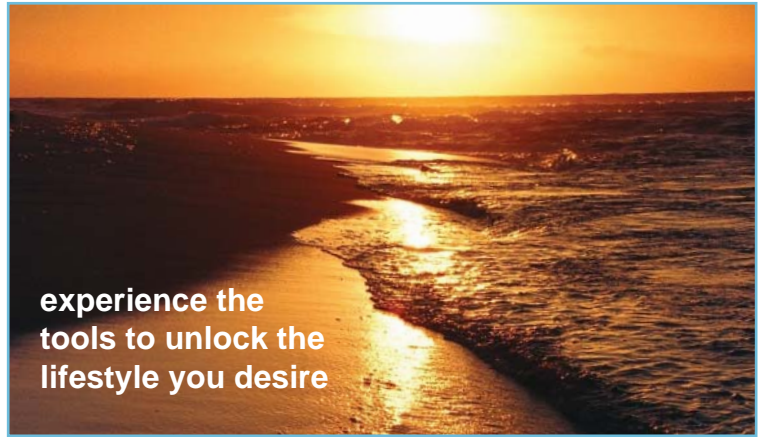
undertakes training or assessment on their behalf. The original training organisation is still responsible for the quality of that training and assessment.



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"NLP is a truly new and unique approach, the power to program your thoughts and behaviour" – **Norman Vincent Peale**



experience the tools to unlock the lifestyle you desire

Action 4 Life - The Portugal Experience

Now it's Time to Find True Fulfillment and Purpose in Your Life

A once in a lifetime opportunity to attend a unique 4 day personal development and lifestyle experience set in the glorious sunshine and tranquility of Portugal

Uncover the secrets of how relationships really work

You will uncover how relationships really work, whether it be family, partners, friends or colleagues you will learn to understand the dynamics of these relationships. We will combine the teaching from geniuses such as Virginia Satir, Dr Milton H Erickson, Richard Bandler, Tony Robbins and others along with our own thoughts, experiences and research to give you a unique insight into the flow and energy of relationships and the unconscious mind.

By changing your own behavior now you will be amazed how unconsciously all those around you will change to create the loving and honest relationships you desire.

What is more important than how we relate to other people?

In business situations, the quality of our relationships determines our success or failure. Attending Action 4 Life, you'll discover how to focus on these essential connections. AuspiciuM will help you install proven tools for communicating, bonding, resolving conflicts and enhancing experiences. You'll learn how to ignite new connections and rekindle the flame in your existing relationships.

Find out how to discover deep love and attraction strategies and help other people find theirs.

Power to your outcome

Action 4 life will help define your ultimate purpose and massively accelerate the pace of your success. You will use the unique NLP Present™ model developed by David Key for achieving your goals which is used by successful achievers.

If you constantly demand the most from yourself and if you refuse to accept "good enough" and long for access to that peak emotional and physical state where anything and everything is within reach, Action 4 life —is a must.

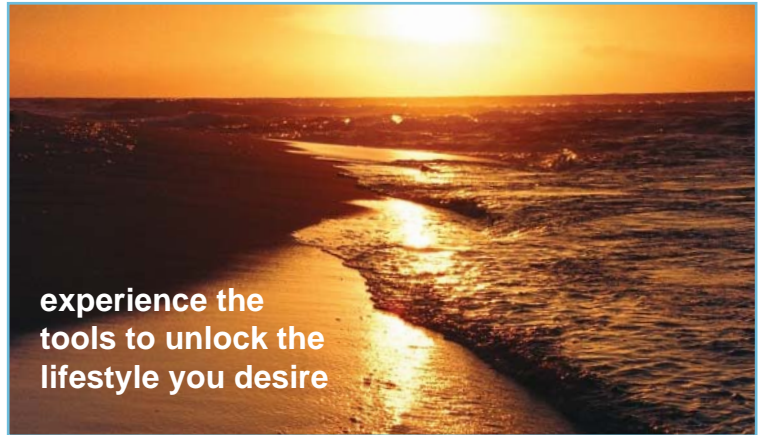
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Breakthrough into a new life

At Action 4 life, you'll design the life you desire and deserve, discover the purpose to move forward and the obstacles that have kept you from achieving it, learn how to make necessary shifts in critical areas of your life and condition yourself to consistently follow through with your plans. The tools to discover the path to extraordinary personal transformation and more joy and happiness than you may have ever thought possible are yours if you choose to join us.

What are your Beliefs and Values

Learn to identify your beliefs and understand how they shape your decisions on every level. And importantly, how they determine how you see the world and whether you do or don't achieve the things, feeling and behaviours you really want from yourself or others.

Discover what your critical values are and how they affect your life. Imagine spending your whole life chasing money only to find out that you don't have financial freedom as a value at an unconscious level. If it's not there, then no matter how much you talk about having money, you'll probably find that if you ever do get a lot, then it will just slip through your fingers again!

You will find out what's really important to you

Master a transformational vocabulary that will provide you with the tools you need to set goals and stick with them. Begin to chart with new insight how you have lived your old life and chart a new and inspiring life path that will add greater depth of meaning to everything you do. Learn to speak to yourself in a more empowering way that will have you believing in your goals and aspirations.

Build Rapport with all those around you

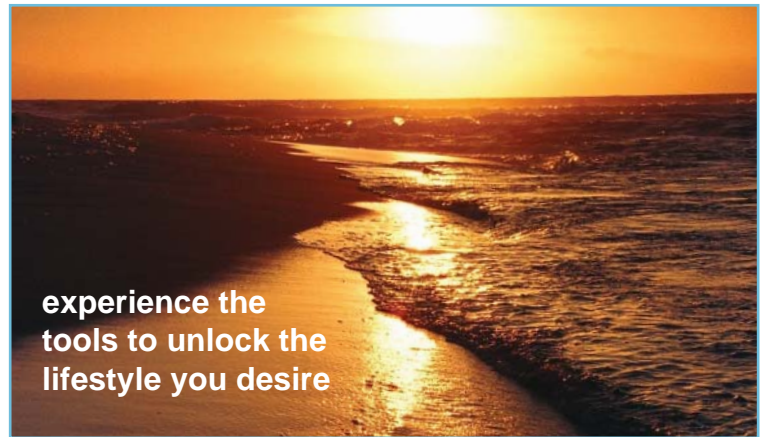
- People like people like themselves, instantly be able to switch onto mutual understanding with anyone you choose
- Increase your sensory acuity to body-language and its true meaning
- How to use unconscious body postures so that people unconsciously associate positively with you
- Identify how to use your voice tonality to build rapport
- Learn how to create instant rapport and magnetism when communicating with friends, relatives, even people you don't know.

Anchoring – how to control your emotional state and feelings

- How to be in charge of your internal emotional state rather than being controlled by it. Probably the most exciting strategy in NLP is Anchoring and once mastered it means you never have to experience any emotion longer than you wish.
- Learn how to set up a personal trigger or stimulus which can move you in a specific direction
- Discover how to free yourself from an unwanted internal response to some (past or present) external trigger, like someone's voice
- Find out how to link your strong personal resources with your ability to access them whenever you want

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- Get rid of procrastination forever.
- Since life is a banquet, why not choose the buffet so you can have any emotion you want? With this mind shift you can keep an emotion in place as long as you are enjoying it and choose another when you are ready to move on.
- You'll learn how to mix up a cocktail of brain chemicals that are exactly to your taste. Once you know how, it's easy.

Submodalities – this is the powerful software from your own brain

- Find out your own inner programming mechanism of your brain and then take back control of it.
- Get rid of unwanted behaviours in minutes (like eating too much chocolate!) using Submodalities in the way nature intended them to be used and which you are probably not consciously aware of yet.
- Learn to create a sequence of instructions to change any of your limiting beliefs about what is possible for you to achieve now.
- Do you ever have un-resourceful emotional responses? Discover how to change them with the Swish Pattern in minutes. (Actually, it happens in seconds!!!) but we'll slow it down a bit and then speed it up when you get the pattern, otherwise, it would be like photo reading your favourite novel....what's the point?

Parts – STOP inner conflicts

How to move beyond “A Part of me want this and another part of me wants that”, “I want this BUT I'm not too sure”, “I can't decide between this or that”

Have all your inner “team players” agree with each other. And you'll agree that that makes sense because if your own team aren't on side then how will anyone else want to follow their new leader?

So, we'll be having a “Parts Party” - bring a bottle

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Book now to reserve your seats and start your journey now! For what has been described as “Simply the most beautiful and amazing experience”

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This NLP Business Diploma will only be delivered by Licensed and Certified Trainers of NLP.

